

GriefShare

Description

Centers on providing comfort, connection, and spiritual support to those experiencing loss and navigating grief.

Annotated Books & Readings

Lewis, C. S. (1961). A grief observed. HarperOne.

A short, honest Christian classic on bereavement; helpful for small groups.

URL: <https://www.harpercollins.com/products/a-grief-observed-c-s-lewis>

Wolfelt, A. D. (2013). Understanding your grief. 2nd edition. Companion Press.

Compassionate, practical guidance on mourning and meaning-making.

URL: <https://www.centerforloss.com/bookstore/understanding-your-grief-2/>

O'Connor, F. (2004). Blessed are those who mourn. Orbis Books.

Pastoral reflections linking the Beatitudes to grief support.

URL: <https://www.orbisbooks.com/blessed-are-those-who-mourn.html>

Movies / Documentaries

Tear Soup (2008).

Animated short offering a gentle metaphor for grief and healing.

URL: <https://griefwatch.com/products/tear-soup-dvd>

Speaking Grief (2020, PBS).

Documentary exploring the realities of grief and the need for compassionate support networks.

URL: <https://speakinggrief.org/documentary>

Best Practices / Toolkits

• GriefShare — Small Group Program for Churches

URL: <https://www.griefshare.org>

• Hospice Foundation of America — Grief Archives

URL: <https://hospicefoundation.org/category/grief/>

• National Alliance for Children's Grief (NACG) — Grief Support Resource Library

URL: <https://nacg.org/resource-library/>

Regional Resources (New England)

• MA: Hospice & Palliative Care Federation of Massachusetts

URL: <https://www.hospicefed.org>

- RI: HopeHealth — Grief Support Readings
URL: <https://www.hopehealthco.org/services/hospice-care/grief-support/grief-support-readings/>
- CT: The Connecticut Hospice
URL: <https://www.hospice.com>
- NH/VT: Dartmouth Health — Visiting Nurse and Hospice (VNH)
URL: <https://www.dartmouth-health.org/vnh>

National / Equity & Justice Resources

- The Center for Prolonged Grief — Guides + Other Resources
URL: <https://prolongedgrief.columbia.edu/resources/>
- National Alliance for Care at Home
URL: <https://allianceforcareathome.org/>