

## GriefShare

### Description

Centers on providing comfort, connection, and spiritual support to those experiencing loss and navigating grief.

### Annotated Books & Readings

**Lewis, C. S. (1961). A grief observed. HarperOne.**

A short, honest Christian classic on bereavement; helpful for small groups.

URL: <https://www.harpercollins.com/products/a-grief-observed-c-s-lewis>

**Wolfelt, A. D. (2013). Understanding your grief. 2nd edition. Companion Press.**

Compassionate, practical guidance on mourning and meaning-making.

URL: <https://www.centerforloss.com/bookstore/understanding-your-grief-2/>

**O'Connor, F. (2004). Blessed are those who mourn. Orbis Books.**

Pastoral reflections linking the Beatitudes to grief support.

URL: <https://www.orbisbooks.com/blessed-are-those-who-mourn.html>

### Movies / Documentaries

Tear Soup (2008).

Animated short offering a gentle metaphor for grief and healing.

URL: <https://griefwatch.com/products/tear-soup-dvd>

Speaking Grief (2020, PBS).

Documentary exploring the realities of grief and the need for compassionate support networks.

URL: <https://speakinggrief.org/documentary>

### Best Practices / Toolkits

- GriefShare — Small Group Program for Churches

URL: <https://www.griefshare.org>

- Hospice Foundation of America — Grief Archives

URL: <https://hospicefoundation.org/category/grief/>

- National Alliance for Children's Grief (NACG) — Grief Support Resource Library

URL: <https://nacg.org/resource-library/>

### Regional Resources (New England)

- MA: Hospice & Palliative Care Federation of Massachusetts

URL: <https://www.hospicefed.org>

- RI: HopeHealth — Grief Support Readings  
URL: <https://www.hopehealthco.org/services/hospice-care/grief-support/grief-support-readings/>
- CT: The Connecticut Hospice  
URL: <https://www.hospice.com>
- NH/VT: Dartmouth Health — Visiting Nurse and Hospice (VNH)  
URL: <https://www.dartmouth-health.org/vnh>

### **National / Equity & Justice Resources**

- The Center for Prolonged Grief — Guides + Other Resources  
URL: <https://prolongedgrief.columbia.edu/resources/>
- National Alliance for Care at Home  
URL: <https://allianceforcareathome.org/>